



Zwaantjes  
Roller Club

# Flanders Grand Prix 2024 Program



12  
13  
14  
july

 Mundialpiste  
Egellaan - Oostende

 [www.flandersgrandprix.be](http://www.flandersgrandprix.be)

 Flanders Grand Prix Ostend



Friday 12/07/2024 Start 9:00					
Category	Gender	Discipline	Distance	Laps	Stage
Cadet -> Senior	L+M	Flying Lap	200m	1	EC/Serie
Cadet	L+M	Elimination	5000m	25	EC/Serie
Start 13:15					
Miniem	L+M	Inline	1200m	6	
Pupil	L+M	Inline	2000m	10	
Scholier	L	Inline	2000m	10	
Scholier	M	Inline	3000m	15	
Youth	L+M	Elimination	6000m	30	EC/Serie
Miniem	L+M	Inline	600m	3	
Pupil	L+M	Inline	800m	4	
Scholier	L+M	Inline	1000m	5	
Cadet -> Senior	L+M	Flying Lap	200m	1	EC/Finals
Break					
Cadet	L+M	Elimination	7000m	35	EC/Finals
Break					
Youth	L+M	Elimination	8000m	40	EC/Finals
Junior	L	Points	5000m	25	EC/Finals
Junior	M	Points	10000m	50	EC/Finals
Senior	L+M	Points	10000m	50	EC/Finals

**Saturday 13/07/2024  
Start 9:00**

<b>Category</b>	<b>Gender</b>	<b>Discipline</b>	<b>Distance</b>	<b>Laps</b>	<b>Stage</b>
Cadet -> Senior	L+M	Sprint	1000m	5	EC/Serie
Cadet -> Senior	L+M	Sprint	1000m	5	Semi Finals

**Start 13:30**

Miniem	L+M	Inline	800m	4	
Pupil	L+M	Inline	1600m	8	
Scholier	L+M	Inline	1200m	6	
Cadet ->Senior	L+M	Sprint	1000m	5	EC/Finals

**Recreational races +/- 14u30**

Miniem	L+M	Inline	1200m	6	
Pupil	L+M	Inline	1000m	5	
Scholier	L+M	Points	3000m	15	
Cadet	L+M	Inline	3000m	15	
Miniem	L+M	Inline	600m	3	
Pupil	L+M	Inline	800m	4	
Scholier	L+M	Inline	2000m	10	
Youth	L+M	Points	5000m	25	EC

**Break**

Cadet	L+M	Points	3000m	15	EC
Junior	L	Elimination	12000m	60	EC
Junior	M	Elimination	15000m	75	EC
Senior	L	Inline	3000m	15	
Senior	M	Inline	8000m	40	

**Sunday 14/07/2024**  
**Start 9:00**

<b>Category</b>	<b>Gender</b>	<b>Discipline</b>	<b>Distance</b>	<b>Laps</b>
Youth -> Senior	L	Road Race	16000m	8 + start
Youth -> Senior	M	Road Race	30000m	15 + start

**Start 11:15**

Cadet	L+M	Inline	5000m	25	
Miniem	L+M	Inline	1000m	5	
Pupil	L+M	Inline	1600m	8	
Scholier	L+M	Elimination	4000m	20	
Youth -> Junior	L+M	Inline	3000m	15	
Senior	L	Elimination	10000m	50	EC
Senior	M	Elimination	15000m	75	EC

**15:30 - 16:30**

Award ceremony European Cup (EC) + Flanders Grand Prix

## Categories:

**Miniem:** 2017 - 2016

**Pupil:** 2015 - 2014

**Scholier:** 2013 - 2012

**Cadet:** 2011 - 2010

**Youth:** 2009 - 2008

**Junior:** 2007 - 2006

**Senior:** 2005 or earlier

